

Dates to Remember 2010 Calendar

Jan. 22	End of HS Semester 1
Jan. 25-29	H.S. Final Exams
Jan. 27	Spelling Bee
Jan 28	Bonhomme Day
Jan. 29	H.S. Semester Turnaround Day/Science 10 Provincial a.m. Interim Reports (elementary)
Feb. 1	H.S. Sem. 2 Starts
Feb. 2	Hot Lunch -KFC
Feb. 5	H.S. Semester 1 Reports Distributed H.S. Ski Trip
Feb. 15	Re-registration Deadline *Please note important date to reserve your child's spot for next year. PAC Meeting -Library @ 7:00 pm
Feb.16	Hot Lunch -Amigo's Taco
Feb. 22	Elem. Report Writing (No School Elem.)
Mar. 5	Elem. Report Card Term 2 Distributed
Mar. 8-19	Spring Break (All No School)
Mar. 27	PAC Fundraiser
Apr. 2	Good Friday (All No School)
Apr. 5	Easter Monday (All No School)
Apr. 12	Preschool visit 1:15 - 2:30 pm
Apr. 14	HS Term 3 Ends
Apr. 21	HS Term 3 Report Cards Distributed
Apr. 22-23	Northern Pro D Conference (No school, K-12)
Apr. 26	H.S. Parent Teacher Interviews (HS 1/2 day)
May 20	Grandparents Day
May 24	Victoria Day (All No School)
June 4	H.S. Grad (HS 1/2 Day) Elem. Report Writing (No School Elem.)
June 9-11	Bowron Canoe Trip
June 10	Kindergarten Orientation 9:30 - 11:00 am
June 11	Elem. Sports Day
June 17	Kindergarten Grad 1 pm
June 18	Last Day H.S.
June 21-29	H.S. Final Exams
June 23	Last Day Elem. & Year End BBQ (Elem. 1/2 Day)
June 24-29	Admin Days

Reminder
Cedars is a
Peanut/Nut Free
School.



The Cedars Shake

January 21, 2010

www.cedars.bc.ca

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Tech Etiquette for You and Your Child

Mr. Gerry Goertzen
High School Principal

OK, tell me if this doesn't bother you. You are having a perfectly good conversation, actually engaged in the dialogue and the person reaches for their cell phone and checks their text messages. Or you have invited a family over for dinner and one of the children has their ear phones in the entire evening. Or, your husband actually takes you out for dinner and pulls out his Blackberry during a lull in the conversation. I recently visited a school where they have no iPod rules. Students could use it anytime, anywhere. Everyone was disconnected. Students were running into each other in the hallways.

It's time we had a little etiquette regarding the use of technology. Here's my list - feel free to add to it if you like and I'll try to print the best ones in a future article (gerryg@cedars.bc.ca).

1. **Keep cell phones on "vibrate" or "silent" when in public settings** such as schools, churches, hospitals, movie theaters and similar places where silence is requested or required.
2. **Don't answer it.** There is a time to answer the cell phone and a time to let it sit. When you're in a conversation with someone, let it sit. That's what 'call display' is for.
3. **Never use technology during family time.** This includes family meal times (which seems to be becoming nearly extinct), family outings and family evenings - time which can be used to strengthen communication, interaction and growth in these crucial relationships. Extraneous dialogue with a contraption in lieu of real conversation suggests addiction.

4. **Don't talk about personal information on your phone when in public.** Teach this for a safety reason if nothing else. You shouldn't discuss where you're going, what time you're leaving, how much money you have on you or any other personal information which could make you easy prey for harmful people.

5. **Don't use your cell phone during meetings** for texting, checking, surfing or email. When you use your technology during a meeting you are implying that the technology or the person on the other end of it is more important than the ones in front of you. Apparently Wells Fargo will fine employees \$100 for *looking* at their Blackberry during a meeting.

6. **Take off the headphones.** You don't need to be disconnected from people when there are people who want to connect. Use your iPod when you need some alone time, alone.

7. **Don't use your cell phone and drive.** For sure don't use your cell phone and drive on school property. Imagine the consequences of driving over a child at school because you were using your cell phone.

Finally, "do as I say, not as I do" doesn't get very far with this generation. If we don't model good etiquette with our children, they aren't going to implement it. Time to go check my email. :)

**Re-registration for the
2010-2011 School Year**

Deadline: February 15, 2010

Its that time again! **All families need to re-register** for the next school year. You have received a detailed letter and information update form. Please update your information and return the form with your tuition deposit by February 15, 2010.

**Kindergarten Registration
2010/11 School Year**

If you have a child entering kindergarten next year, please pick up a registration form at the office. Thank-you!

Spelling Bee

The Grades 4-6 students will participate in the CANSPELL School Spelling Bee on Friday at 10:30 - 11:30 am in the High School Foyer.



Bonhomme Day

The elementary school will celebrate Bonhomme Day on Thursday, January 28th in the afternoon.

PAC

Next PAC meeting - Monday, February 15th at 7:00pm in the Library.

We're Online!

To keep up to date with what's going on at Cedars, check out the Shake online at www.cedars.bc.ca

PAC Teacher Wish Lists

Wonder where your fundraising money goes? Ask to see Mrs. Bluemink's kindergarten carpet or Mrs. Vaale's new camera or Mr. Beeksma's projector or Mrs. Toninato's new tables. There are new pictures on the wall in the highschool foyer, the soccer team is getting new uniforms and the worship team is getting a new monitor - just to name a few more of the \$10,000 teacher wish lists approved this year by PAC. Thanks again for your help in making our school a better place but giving so generously to PAC fundraisers.

Dates to Remember

April 12 -Preschool Visit 1:15-2:30 pm
June 10 -Kindergarten Orientation 9:30-11:00 am
June 17 -Kindergarten Grad 1:00 pm

Save On Gift Cards Fundraiser:

Save On Foods gift cards are available at the office. 6% of the cost of the gift cards you purchase, goes to your child's student account (high schoolers only), or into the general school fund.

Milk Program

The milk program will be ending at the end of January unless a new coordinator can be found. It would count towards volunteer hours and require being at the school 2 lunchtimes per week to distribute milk cartons to classrooms.

Home Business Shopping Day

Saturday, March 27th

10:00 am - 2:00 pm

School Gym

Home businesses booths from Cedars families and the community. If you would like to participate, please email Heidi Strybos (strybos@shaw.ca). We are only looking for one booth per distributor on a first come, first serve basis. We are in need of more crafting & home interior type businesses. PAC is asking that distributors contribute 20% of their profits and provide a door prize to be raffled off during the day. Invitations will be sent home to Cedars families before Spring Break to distribute to their neighborhoods.

Planners

We have extra 09/10 high school and elementary planners. If any parents are interested, please pick one up at the office.

Foodsafe Level 1

Mrs. Gaunt will be teaching this course at Immaculate Conception School on Sat., Jan. 23 from 8:45 am-5:30 pm. Cost is \$25.00. Please contact her (julieg@cedars.bc.ca or phone 250-563-3655) to register.



Math Help!

Each WEDNESDAY and FRIDAY morning from 8:00 - 8:25 am, Mrs. Goertzen or Mrs. Fisher will be available to help Grade 3-6 students with their Math. Drop in for some extra help when you need it!

Times Tables Math Club!

Each TUESDAY and THURSDAY morning from 8:00 - 8:25 am, Mrs. Goertzen or Mrs. Fisher will be available to help Grade 3-6 students with their times tables through many activities. Let's get faster and more accurate at the times tables!



